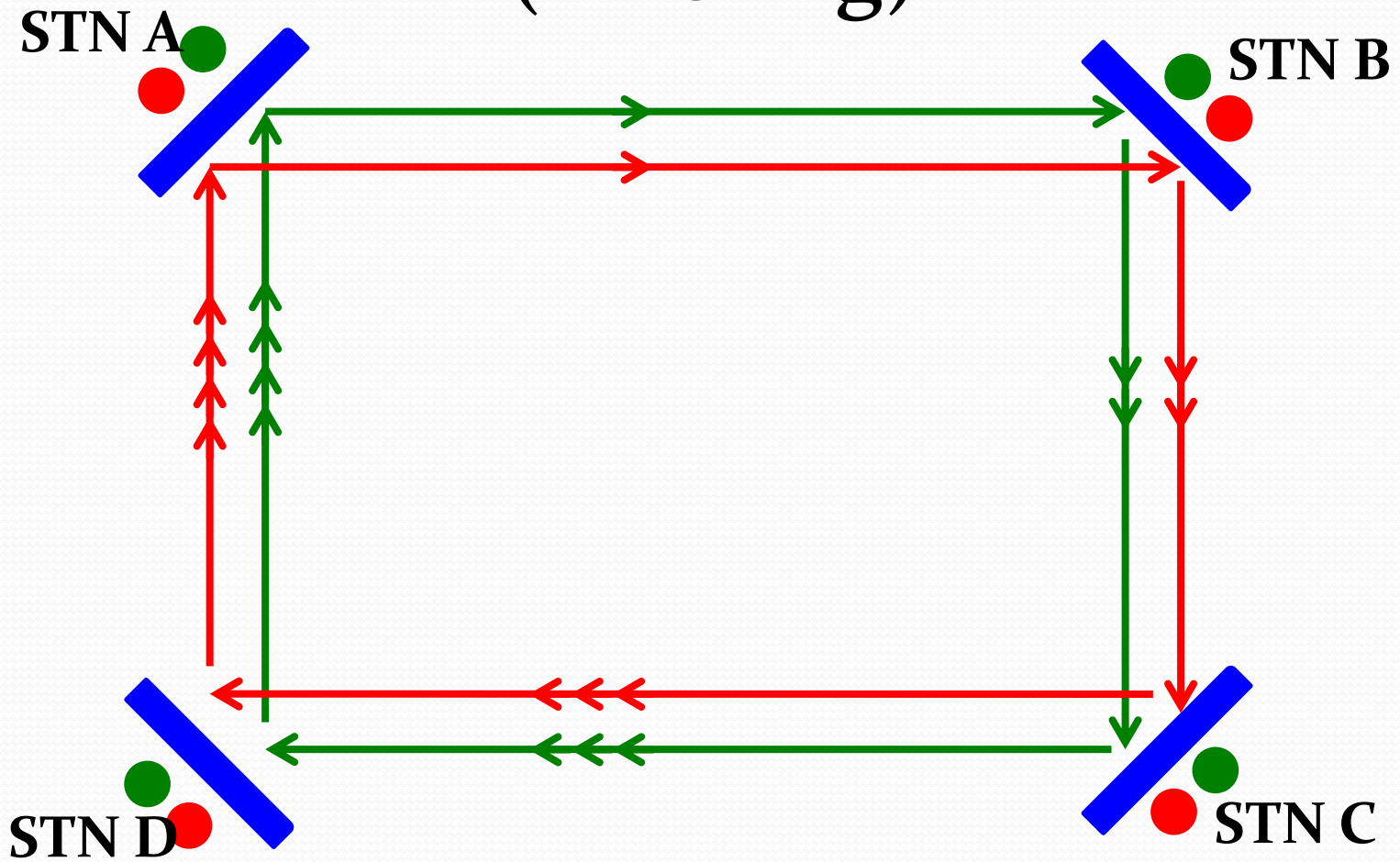
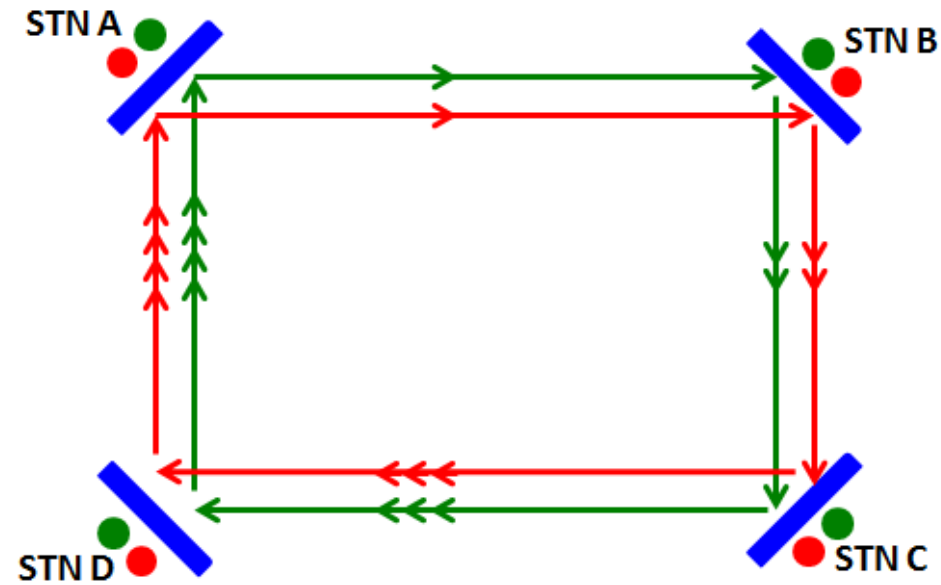


JOG with the POT (Briefing)

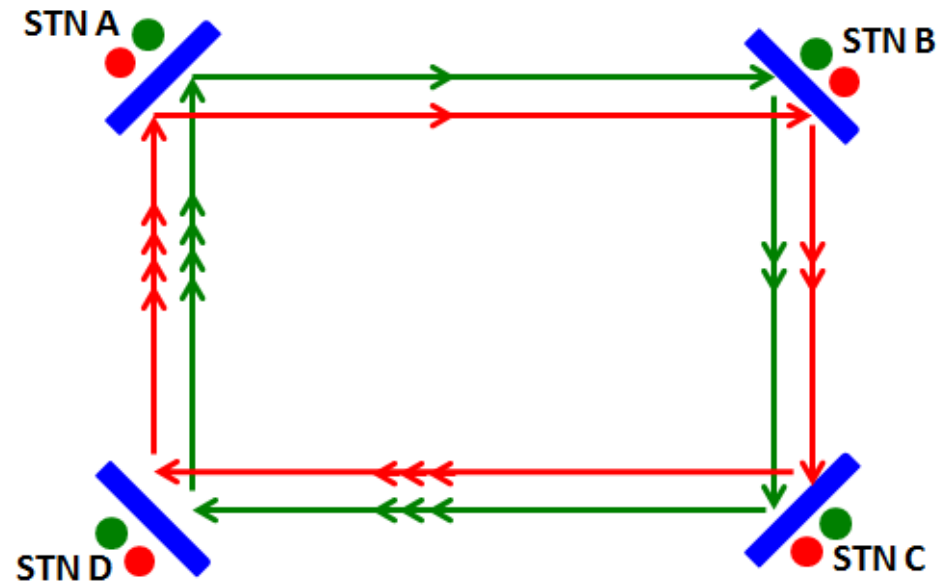


Rules



1. Method of holding the POT
2. 5 minutes. will be given at the playground for all teams to discuss their plan / strategies
3. All players have to be distributed at one station or the other and no station is to be left empty
4. Each players must carry the POT at some time or the other during the race.

Rules...cont'd



5. Only 2 persons have to be at STN A to begin the race
6. STN A people have to hand over the POT to people at STN B. All people have to stay connected, move to STN C, and hand over the POT to people at STN C
7. Again all people have to stay connected, move to STN D, and hand over the POT to people at STN D
8. Repeat actions above at STN D and move to STN A. The race ends when the POT is put down.